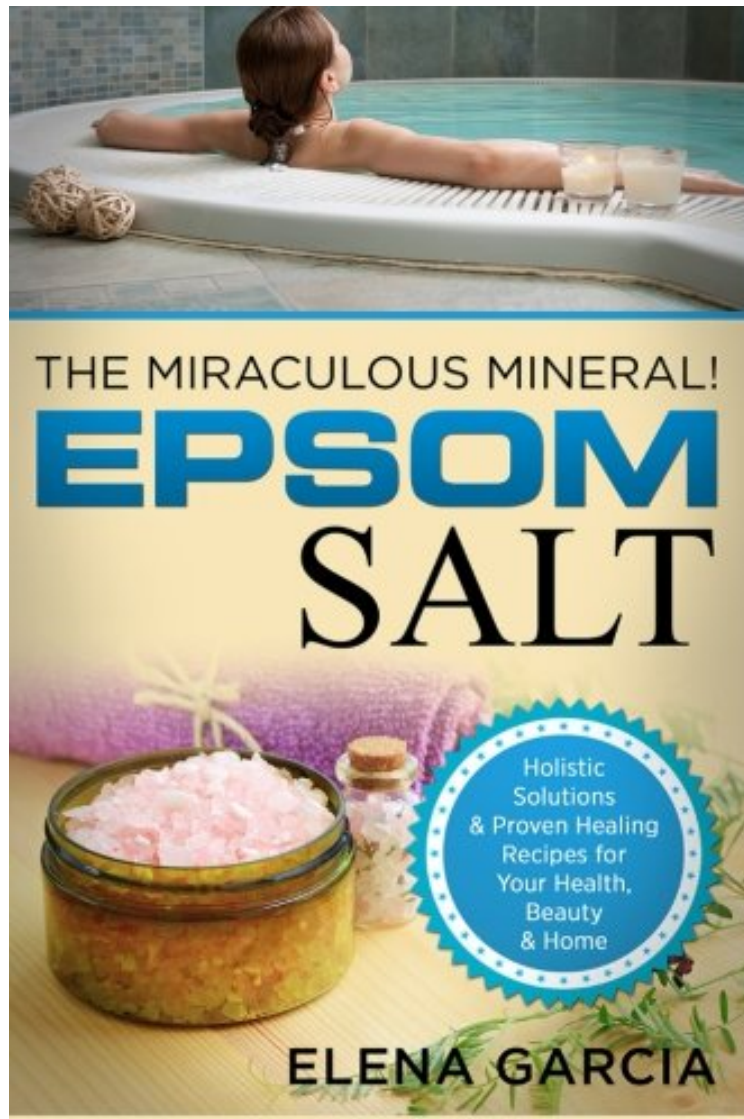


[Free] Epsom Salt: The Miraculous Mineral!: Holistic Solutions Proven Healing Recipes for Health, Beauty Home (Epsom Salt, Natural Remedies, Holistic Health, Healing) (Volume 1)

Epsom Salt: The Miraculous Mineral!: Holistic Solutions Proven Healing Recipes for Health, Beauty Home (Epsom Salt, Natural Remedies, Holistic Health, Healing) (Volume 1)

Elena Garcia

**Download PDF | ePub | DOC | audiobook | ebooks*



DOWNLOAD



READ ONLINE

#1926860 in Books 2016-04-08Original language:English 9.00 x .23 x 6.00l, .23 #File Name: 153096568398 pages | File size: 59.Mb

Elena Garcia : Epsom Salt: The Miraculous Mineral!: Holistic Solutions Proven Healing Recipes for Health, Beauty Home (Epsom Salt, Natural Remedies, Holistic Health, Healing) (Volume 1) before purchasing it in order to gage whether or not it would be worth my time, and all praised Epsom Salt: The Miraculous Mineral!: Holistic

Solutions Proven Healing Recipes for Health, Beauty Home (Epsom Salt, Natural Remedies, Holistic Health, Healing)
(Volume 1):

4 of 4 people found the following review helpful. I love Epsom salt!By Ducati696MonsterChicThis is an extremely knowledgeable helpful book when it comes to Epsom salt. Some of my plants in my garden were starting to die, and per the book, I gave them a little Epsom salt and they perked right up and had sprouted beautiful blooms!!If you have little knowledge about Epsom salt its uses, like myself, then this book is for you!!3 of 3 people found the following review helpful. This book has heaps of good data and is composed in an unmistakable reasonable wayBy Ismael VelasquezIt is my first time encounter epsom salt and this book gives me so much information about the usage of epsom salt. This book has heaps of good data and is composed in an unmistakable reasonable way. I used a recipe in the book to prevent the pain from a problem tooth and it worked perfectly. Plain to try other uses also. So much worth recommending!1 of 1 people found the following review helpful. Love itBy cbrowngoI have been soaking in Epsom salt a long time. Also tell my friends who feel weak, tired and sore to soak in it. Many people are sceptic so I tell them to read the package and its easy to use also not too spend either. Love my Epsom salt. This book has many many great points and methods. Thank you!

Revolutionize Your Health and Create Unlimited Wellness with Epsom Salt!Holistic Solutions Proven Healing Recipes for Your Health, Beauty Home!Perfect for busy people who want easy and affordable spa at home!You are just about to discover the amazing benefits, uses natural remedies of the miraculous mineral called Epsom salt!Thanks to this easy practical Epsom salt guide, you can quickly learn simple tips strategies that will help you conjure up simple holistic solutions for your everyday maladies - for your health, beauty, home and garden - and it only takes minutes!Epsom Salt- the Miraculous Mineral Will Teach You: How to create luxurious spa bath recipes for mind and body relaxation detox Easy to make beauty products using proven Epsom salt recipes How to use Epsom salts for your first-aid needs How to actually save hundreds of dollars and lower the risk of allergies- no need to buy expensive commercial and chemical-laden products if you know how to use Epsom salt for your health, beauty and home! How to relax and reduce inflammation chronic pains with soothing Epsom salt remedies Hangovered? Sick and tired? Stressed out? Epsom salts can help you!+ many more uses and recipes for the garden, home and beauty (skin and hair care). What are you waiting for?Create your holistic home spa with Epsom salt!Download your copy today to reap the many benefits of this miraculous mineral!

About the AuthorElena Garcia is a bestselling author, health coach, and mom on a mission- she wants to help you create a happy, healthy and balanced lifestyle you enjoy. Her biggest passion is personal development/health and self-help for busy people. She is committed to creating positive, inspirational holistic health books and eBooks that will inspire people to be in charge of their health, life and happiness. Elena delivers proven methods for optimal wellbeing and personal success. She sometimes teams up with her husband James and they create books together. What separates her from other health wellness authors is her ability to explain complex topics in a no-nonsense, straightforward manner. Her books are short yet informative- 100% fluff free. Elena doesn't promise the world. But she always delivers step-by-step strategies you can immediately implement, even if you are a total beginner and don't know where to start.