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DIY Liquid Soap Making for Beginners: How to Make Moisturizing Hand Soaps, Therapeutic Shower Gels, Relaxing Bubble

Sarah Lillard

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Sarah Lillard : DIY Liquid Soap Making for Beginners: How to Make Moisturizing Hand Soaps, Therapeutic Shower Gels, Relaxing Bubble before purchasing it in order to gage whether or not it would be worth my time, and all praised DIY Liquid Soap Making for Beginners: How to Make Moisturizing Hand Soaps, Therapeutic Shower

Gels, Relaxing Bubble:

1 of 1 people found the following review helpful. AWESOME resource for DIY soap making
By M.L. Clausen I loved this book. It went over all the basics of soap making and it a complete guide - so it's the only book you'll need to buy. It went over why liquid soap making is gaining ground as a trend. Preservatives, artificial coloring, parabens, and sometimes even formaldehyde can be included in your favorite soaps. Rising health concerns associated with dangerous additives in store bought soap make this book and soap making a great solution! The book dives into soap making. It even goes over the proper precautions to use when handling the soap ingredients. After that it dives into soap making. The guide is so thorough and was more than helpful. There were so many recipes to choose from! The book goes over essential oils, shampoos, body washes and hand soaps! This book is an awesome resource - especially for the price!
0 of 0 people found the following review helpful. I haven't gotten around to making any of the soap but the instructions are clear and recipes sound like they will be great
By Kimberly A. Kaehr This is a very informative book. I haven't gotten around to making any of the soap but the instructions are clear and recipes sound like they will be great. I can't wait to get started.
2 of 2 people found the following review helpful. Okay for researching
By Elizabeth A. Scheetz I'm presently learning more about liquid soap making, a very different process than bar soaps. This book doesn't go in depth with the actual science behind it, making it a quick read. I don't like the scare tactics presented with their info on parabens. Preservatives aren't bad in the case of skin care, which I feel like this book neglects to discuss, especially since the book gives advice on selling your product.

DIY LIQUID SOAP MAKING FOR BEGINNERS- How to Make Moisturizing Hand Soaps, Therapeutic Shower Gels, Relaxing Bubble Baths and More Who else wants to drastically reduce their familys exposure to harsh chemical additives in commercially manufactured soaps, body washes and shampoos? Whether you realize it or not, every time you cleanse your face, wash your hair, or take a shower, youre exposing your body to a multitude of dangerous additives and preservatives. These toxic elements are building up in your system growing more threatening to the health of your skin and your vital organs day by day. As these toxins accumulate, they increase your risk of developing a host of degenerative diseases, like heart disease and cancer. Discover how to not only avoid the dangerous of slow toxic build up and the increasing the risk of chronic diseases, and in general improve the health of your bodys largest organ the skin. Also, youll discover... Discover the 7 most dangerous additives that are found in almost every commercially bought soap, shampoo and body wash and how they are putting your familys health at risk Discover an alternative to stringent, store-bought soaps which do nothing but start with your skin, causing potential damage to all of your organs and your entire hormonal system Find out how making your own homemade soaps can also help to save you money! Learn the secrets to starting your own business creating, marketing and selling custom-crafted soaps Discover the joy of giving these artisan soaps personally made for family and friends And much more! Table of Contents Chapter 1: Why make your own Soaps? The 7 Most Dangerous Additives The Growing Concern of Additives Homemade Soap Does What? Lets Talk about the Cost Chapter 2: Whats Involved Just 4 Count em 4 -- Ingredients Must-Have Ingredient No.1: Lye Safety Instructions for Soap Making with Lye Must-have ingredient No. 2: Oil Must-have Ingredient No. 3: Water Must-Have Ingredient No. 4: Borax Close Encounters with Borax Any Other Ingredients Needed? Gathering Your Equipment Kitchen Scale Thermometer Two Pots: One Stainless -- One Canning Pot Lets Stir Things Up a Bit: Whisks and More! Gloves and Goggles Protection Chapter 3: The Basic Recipe Let it Rest Chapter 4: Recipes using Lye Fantastic Foaming Hand Soap Soft and Gentle Hand Soap Amber Hand and Body Wash Gentle Body Wash Soaps with Palm Oils Sweet Almond Palm Oil Hand Soap The Ultimate Moisturizing Body Soap Magical Jojoba Moisturizing Soap Sensationally Moisturizing Body Soap Liquid Soaps that will Change the Way You Shampoo Basic Shampoo Instructions Healthy Coconut Shampoo Luxurious Jojoba Conditioning Shampoo Sweet Almond Oil Shampoo Softer than Silk Shampoo Amber Shampoo Chapter 5: Recipes without the Lye Kissed with Honey Body Wash Vanilla Hand Soap Family-Friendly Liquid Soap Recipe Chapter 6: Signature Soap Dispensers Aunt Bellas Perfect Gift Dispenser A Housewarming Gift Wedding Presents Shower Gifts or Favors A cold-season aid Special Gift for Grandparents Going in a completely different direction Wine, Liquor or Beer Bottle Dispensers Chapter 7: Selling Your Soaps Why not? Start an Inventory Be a Presence Online Business Cards Distribute to Consignment Shops and Boutiques Contact the Press Keep Replenishing Your Stock Balancing Making, Selling and Enjoying Appendix I: Essential Oils for Beautiful, Soft Skin and Healthier Hair Essential Oils Demystified