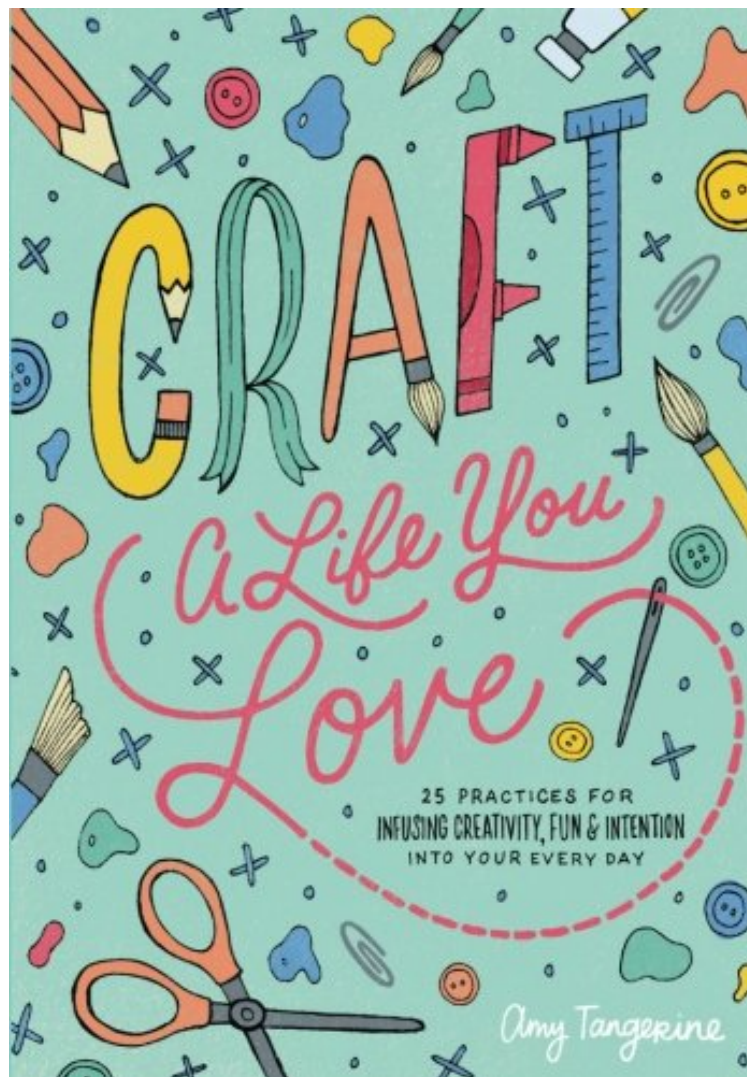


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Craft a Life You Love: 25 Practices for Infusing Creativity, Fun Intention into Your Every Day

Amy Tangerine

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Amy Tangerine : Craft a Life You Love: 25 Practices for Infusing Creativity, Fun Intention into Your Every Day before purchasing it in order to gage whether or not it would be worth my time, and all praised Craft a Life You Love: 25 Practices for Infusing Creativity, Fun Intention into Your Every Day:

30 of 30 people found the following review helpful. It's more than great read, it's Amy's part of this ongoing creative conversation...By CustomerI had forgotten how fun it is to read in bed, and then the night I received Amy's new book

and snuggled under the covers to read it, I remembered. I consider her my silent mentor, inspiring me from afar, purely by example. With this book, I can now hear her part of the conversation - the conversation I wish I could have with so many women out there who are doing it - who are living a life they love, making a career out of their unique creative gifts. I got up to page 82 on that first night with the book. It's really an effortless, insightful read. There are fun coloring, reflecting, and writing activities throughout the book, but I'll probably revisit them the second time around...right now I'm reading this book like it's what I've wanted to hear Amy talk about for years. Probably because it is. 15 of 17 people found the following review helpful. Recommend highly for anyone - not just crafters! By Jacquie The flow of this book is great! Though I have followed Amy Tangerine for quite some time on her blog and social media, there are so many wonderful insights and anecdotes that I had no idea about. It was like we were in the same room and I could hear her talking about this directly to me. Though I have yet to write in it and fill out the pages with the prompts, I have already gotten started on the coloring pages and it has had a remarkable effect. I feel incredibly inspired after reading through this book. My hope is to keep it as a guide and to dive deeper into it with my writings throughout this year. I also plan on gifting it to friends as I think it's valuable to anyone and everyone, not only crafters. Highly recommend! 3 of 3 people found the following review helpful. Get your creative on!! By Kimberly ~Ms Orange This book is amazing and you get to color it yourself!!!! I love that my book looks like no one else's! Amy is incredibly gifted and this book is encouragement at it's finest!

Using her years of creative work and play as a compass, Amy Tangerine guides readers through a step-by-step process for cultivating a rich and fulfilling life. *Craft a Life You Love* is equal parts memoir and workbook; in fact, Amy encourages her readers to mark up the pages with doodles and drawings inspired by her anecdotal advice. From fashion designer to scrapbooker to YouTube personality and beyond, Amy has channeled her creativity in many different ways and taken each experience as an opportunity to hone the art of truly living. In this book, readers will learn how to make things and make things happen by implementing small--yet powerful--changes into their everyday lives. This book takes you on a journey from the past to the future and offers tools for honing in on what truly matters through the process of creating. It is broken up into five different sections that focus on bettering everything from your daily habits and thoughts to your mindset and soul. After years of being a creative professional, Amy Tangerine is excited to finally share her stories and wisdom that have helped her to craft a life she truly loves. You will learn about Amy Tangerine's personal and professional struggles, as well as the twenty-five go-to exercises that have helped her with self-care, positive mindset, and simply making things happen. You will learn to prioritize making time for your hobby, discover how your quirkiness is an asset, and uncover tools to keep you creating day after day. Get those creative juices flowing today!

About the Author Amy Tangerine is proof that you can craft a life you love. Founder Amy Tan turned her sewing hobby into an award-winning hand-stitched T-shirt line featured in retail outlets worldwide, and developed a full-time business from her passion for scrapbooking. Fueled by an adventurous spirit and a desire to make memory keeping accessible and fun, she has taught creative workshops on every continent except Antarctica, and her online classes and YouTube videos have inspired thousands of people around the world. When she isn't working on new designs for her signature collections with American Crafts, sharing her joy of crafting at celebrity scrapbooking events, or helping her consulting clients to reach their potential, Amy is living the other half of the life she loves in Los Angeles, California, with her long-time partner, JC; their son, Jack; and two mischievous Jack Russell terriers, Buster and Bamboo.